

# CAITLIN BEARSS, PT, DPT



Doctoral Degree in  
Physical Therapy,  
Oakland University,  
December, 2013

Bachelor's Degree in  
Health Science,  
Oakland University, 2010

## Specialties/Interests:

- Sports-related Injuries & Conditions
- Orthopedic Post-operative Cases
- Joint Replacement and Injury
- Manual Techniques
- Kinesiology Taping
- Myofascial Cupping
- Blood Flow Restriction Training (BFR)
- Aquatic Therapy
- Pediatric Orthopedics

## Davison Clinic:

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From small achievements to major goals, Caitlin Bearss, PT, DPT loves to witness her patients' accomplishments. In fact, it's one of her favorite things about being a physical therapist. Caitlin grew up on the western side of Michigan in Reed City, and a rolled ankle in high school, followed by her own round of physical therapy, pushed her to want to become a PT. She began her journey by job shadowing in her hometown and then set her sights on college. She received a bachelor's degree in Health Science, followed by a Doctorate in Physical Therapy from Oakland University, rounding out her studies in 2013.

Caitlin began working as a PT, right after receiving her degree. Most recently, she worked closely with orthopedic surgeons both pre- and post-operative, helping patients who were going through ACL repairs, knee replacements and joint injuries. Her passion is helping people recover. She thrives on creating a plan that will help them progress from being injured, to being able to enjoy life again. Caitlin joined the Advanced PT team in March of 2019. She specializes in manual techniques and is also expertly trained in kinesiology taping.

Caitlin has always been drawn to sports. She played volleyball, basketball and soccer in high school and spent a lot of time in and around pools as a swim instructor and lifeguard. She includes her passion for sports in her life now, by playing volleyball on a regular basis. She works out frequently and typically runs several 5-K charity races every year. She loves to be outside and when inside, she likes to read and sew. She lives in Davison with her husband, two daughters and twin boys.

Caitlin says one of the best things she contributes to the patient-therapist relationship is she loves to learn the patient's story. It helps her develop a treatment plan specifically designed for the patient's needs and personality. Caitlin says she's even had the privilege of seeing some of her patients succeed, after treatment. Some have invited her to watch them play the sports they were forced to stop because of injury.

