

SHELLEY HANCHETT

PT, CHT, VP OF OPERATIONS



Joined APTC 1993

Vice President of Operations

Clio Clinic Director

Degree in Physical Therapy,
University of Michigan-Flint,
1989

National Certification in Hand
Therapy, 2005

Member of:

- APTA
- MPTA
- ASHT

Continuing Education &
Interests:

- Injuries & conditions of the upper extremities
- DiMaggio Spine Therapy
- Functional Dry Needling
- Graston Technique
- Kinesiology Taping
- MedX Cervical and Lumbar Testing and Strengthening Program
- Muscle Energy Technique
- Myofascial Release
- Strain/Counter-strain
- Myofascial Decompression

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Patients come first is the philosophy Shelley Hanchett, PT, CHT and Vice President of Operations likes to instill in her employees at Advanced Physical Therapy Center. As vice president of operations, it is Shelley's job to ensure that patient care is top priority and all the employees involved in patient care are doing "the right things, right". Shelley has been with APTC since 1993 and has been the Clio clinic director since it opened in 1994.

She received her bachelor's degree in physical therapy from the University of Michigan-Flint in 1989 and went on to obtain her national certification in hand therapy in 2005. She is certified in the MedX Cervical and Lumbar Testing and Strengthening Program. Her post-graduate work includes manual therapies, such as myofascial release, Muscle Energy Technique, strain/counter-strain, neural mobilization, DiMaggio Strategic Orthopedics of the Spine, and customized hand splinting. She specializes in the treatment of orthopedic conditions and upper extremity injuries and conditions. She is an experienced therapist in the application of kinesiology taping, the Graston Technique and functional dry needling.

Shelley has a passion for helping people and that is the reason she chose a career in physical therapy. She finds joy in meeting new people and likes the challenge of getting patients engaged in their treatment plan. "I work hard to find a common interest with the patient. It helps them become interested and committed to their own success," says Shelley. She also takes her passion for helping people outside of the therapy setting. She and her Clio staff volunteer at the North End Soup Kitchen every year at Christmas serving food to needy families.

Shelley is originally from Montrose but made her home with her husband and three children in the neighboring town of Flushing. Shelley has always been an active person. In high school, she ran track and played on the girls basketball and volleyball teams. She has continued on with her participation in sports and is an assistant coach for Powers Catholic Cross County Team. As a coach, Shelley feels it is important to set a good example and continues to run as part of her exercise regimen. If she does get some quiet time, Shelley likes to spend that time reading and gardening.

