

SHARICE BLALOCK, PT, DPT



Doctoral Degree in
Physical Therapy,
University of Michigan–
Flint, 2008

Continuing Education & Experience:

- Graston Technique
- LSVT-BIG for
Parkinson’s Patients
- Myofascial Release
- Kinesiology Taping
- Myofascial
Decompression (Cup
Therapy)

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At the age of nine, Sharice Blalock, PT, DPT suffered a blood clot in her cerebellum and had to undergo emergency surgery. The condition was so serious that it left her with debilitating injuries on her left side, and she had to learn how to walk again. She spent nearly four months in occupational and physical therapy. Because her therapist made such an impact on her life, Sharice decided that when she grew up, she was going to be a physical therapist.— And, that is what she did.

Sharice has been in the field of physical therapy since 2006. She started her career as a physical therapy aide working for a for an outpatient clinic in Farmington Hills while attending school at the University of Michigan-Flint. She graduated with her doctoral degree in physical therapy in 2008.

Sharice continues to expand her expertise and has attended several continuing education courses including the Graston Technique, which is instrument assisted soft tissue mobilization; LSVT-BIG for patients with Parkinson’s Disease; myofascial release; and kinesiology taping.

Sharice has been a dancer most her life, and she continues her passion by participating in her church’s liturgical dance team. She is also a Sunday School teacher in their children’s ministry program. Sharice is originally from Detroit, but now lives in Lake Orion with her husband and daughter. She is a practicing physical therapist out of Advanced Physical Therapy Center’s Clarkston clinic and has been an integral part of the team ever since she started with us in 2012.

When you ask Sharice what she likes about being a physical therapist, she would tell you, “I enjoy helping others and meeting people from all walks of life. I feel blessed that I get to change lives through physical therapy and be a blessing to others.”

