

# REBECCA HAWKINS PT, DPT



Doctoral Degree in  
Physical Therapy, Central  
Michigan University,  
2013

Bachelor's Degree in  
Health Rehabilitation,  
Central Michigan  
University, 2010

**Member of:**

- APTA and MPTA

**Specialties & Interests:**

- Pediatrics
- Hip Replacements
- Knee Replacements
- Blood Flow Restriction Training (BFR)
- Myofascial Cupping
- Torticollis

**Grand Blanc Clinic:**

10809 S. Saginaw St.  
Grand Blanc, MI 48439  
(810) 695-8700  
RHawkins@advpt.com  
[www.AdvancedPhysicalTherapy.com](http://www.AdvancedPhysicalTherapy.com)

Rebecca Hawkins, PT, DPT loves being a physical therapist because “what may seem very small, can make a big difference in someone’s life.”

Rebecca became inspired to become a PT by watching her mother, who was a Physical Therapist Assistant at Advanced Physical Therapy Center years ago. She received her bachelor’s degree in Health Rehabilitation in 2010 and her doctorate in Physical Therapy in 2013, both from Central Michigan University. She began her professional career in Fowlerville and then moved to Hartland where she created a physical therapy program at a children’s center there. She arrived at Advanced PT in January 2019.

Rebecca fell in love with helping the pediatric patients at the children’s center in Hartland and continues to enjoy seeing her young patients at Advanced PT. Some of her best memories are watching a child with torticollis sit, walk or roll over for the first time and then, watching their parent’s faces light up.

Rebecca is also interested in helping knee and hip replacement patients. She’s trained in myofascial cupping and Blood Flow Restriction Training.

Rebecca believes one of her best assets is the ability to get patients to open up about how they’re really feeling. She calls herself down to earth and easy to talk to and lets the patient dictate each therapy session, allowing for flexibility.

Rebecca was born and raised in Grand Blanc and still calls it home. She’s an avid reader and loves going to the movies. She stays fit by participating in PIYO, which is a combination of Pilates and yoga.

