

# MEGAN WALKER PT, DPT



**Grand Blanc Clinic  
Director**

**Doctoral Degree in  
Physical Therapy,  
University of Michigan-  
Flint, 2009**

**Member of:**

- APTA and MPTA

**Continuing Education &  
Interests:**

- Biodex Balance Training
- Graston Technique
- Kinesiology Taping
- LSVT-BIG for Parkinson's
- MedX Lumbar Extension Testing and Strengthening Program
- Pediatric Orthopedics
- TMJ Dysfunction
- Vestibular Rehab
- Blood Flow Restriction Training (BFR)
- Myofascial Cupping

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If you were to think of one word to describe Megan Walker, PT, DPT it would most likely be kind. Megan is an absolute people person and her philosophy when dealing with people is, "I follow the golden rule. I treat every patient as if they were my grandmother. I believe everyone deserves respect and compassion," says Megan. As a matter of fact, it was after her grandmother attended physical therapy that Megan decided to choose physical therapy as a career. "I knew I wanted a career where I could make a difference and help people enjoy life. I am able to help people get their function back, whether it's helping them learn how to wash their hair again or picking an object off the floor with better balance."

Megan is a graduate of the University of Michigan-Flint's Doctorate of Physical Therapy Program and is a member of the American Physical Therapy Association and the Michigan Physical Therapy Association. In college, Megan was a part of a special study program on the effects of balance training in the geriatric population. "I enjoy working with geriatric patients. I feel that one of my strengths is to listen and effectively communicate with my patients. That really helps me when I am working with an older patient," says Megan. She has specialized training in MedX Lumbar Extension Testing and Strengthening Program; the Graston Technique, which is instrument assisted soft-tissue mobilization; kinesiology taping, LSVT-BIG for patients with Parkinson's Disease; and vestibular rehabilitation. Megan says she enjoys working at Advanced Physical Therapy Center, because the company has a focus on investing in the latest treatments and technologies and encourages the staff to continue to learn new skills.

Megan is originally from Swartz Creek, but now resides in Grand Blanc with her husband and her son. She is the Grand Blanc Clinic Director and continues to treat patients along with her management duties. During her downtime, she enjoys scrapbooking and attending sporting events and concerts.

