

KRAIG CARPENTER, PT, DPT



Doctoral Degree in
Physical Therapy,
University of Michigan-
Flint, 2017

Bachelor Degree in
Health Science,
University of Michigan-
Flint, 2014

Member of:

- APTA
- MPTA

Special Interests:

- Manual therapy techniques
- Sports injury rehabilitation
- Kinesiology Taping
- Myofascial Decompression (Cup Therapy)

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“I was first introduced to physical therapy when my dad had an accident that left him with a lot of physical limitations. After months of physical therapy, my dad was able to walk and do the things he loved again. I looked into the field and saw an opportunity to help people,” says Kraig Carpenter, PT, DPT reflecting on how he started his career in physical therapy.

Kraig received both his bachelor’s degree in health science and his doctorate in physical therapy from the University of Michigan-Flint. His post-graduate focus has been on the use of manual therapy techniques and sports injury rehabilitation. Kraig played several sports in high school and was a baseball player for Mott Community College. Because of his personal experience, he is a great physical therapist for sports-related injuries and feels that he is able relate to athletes. One of his most memorable patients is a seventy-six-year-old male who was an avid paddle ball player. He suffered from a shoulder injury and was frustrated that he wasn’t able to play the game that he loved. By the end of his therapy, he reported to Kraig that he was able to play with minimal limitations.

Kraig is a wonderful addition to Advanced Physical Therapy Center’s Davison clinic. In his practice, he likes to incorporate functional and activity-based exercises that utilize the whole body in order to best improve functional ability. He considers himself to be a friendly person with a good sense of humor, which, he feels, helps in dealing with patients who are in pain or apprehensive about therapy. “I try to build a good rapport with my patients, so I can gain their trust. I also like to get the whole picture. The more I get to know my patient, the more I can help them,” says Kraig. One of his goals is to help his patients be more active. He says he tries to leave each of his patients with something that can benefit them for a life time. Many patients have thanked him for how he helped to change their outlook on life.

Kraig is from the Flint area and in his leisure time, plays slow pitch softball and loves to go camping. His two boys, Kaden and Jaxton, keep he and his wife, Jenn, pretty busy as well.

