

# Jonathan Taljonick, DPT



Doctoral Degree in  
Physical Therapy,  
University of Michigan,  
Flint, 2019

Bachelor's Degree in  
Public Health & Health  
Sciences, University of  
Michigan, Flint, 2016

## Certifications & Specialties

- Bloodflow Restriction Training (BFR)
- Plantar Fasciitis

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Jonathan Taljonick joined Advanced Physical Therapy Center in October of 2019. He studied Health and Health Sciences at the University of Michigan, Flint receiving his undergraduate degree in 2016. He continued his education, receiving his doctoral degree in Physical Therapy in August 2019, also from U of M, Flint.

Jonathan is from the Flint area and began his career helping people, as a massage therapist. He wanted to expand his expertise and decided to become a physical therapist. He says he enjoys the one-on-one experience of being a PT and loves meeting new people. He considers himself a hands-on therapist and most recently became trained in Blood Flow Restriction Training. He hopes this knowledge will connect him with patients who may have been injured playing sports. Jonathan, an athlete himself, wrestled, bowled, and played football and basketball in high school.

Jonathan believes in building a relationship with each patient. He acknowledges the importance of trust and understanding and approaches each case focusing on the individual so they can get results and get back to life. As an example, Jonathan tells a story about one of his patients, who's physical therapy journey resulted in him becoming more mobile, which allowed him to rely less on his wife.

Jonathan loves to spend time with his family and is engaged to be married. He enjoys cooking and stays fit by hitting the gym and playing basketball and bowling.

