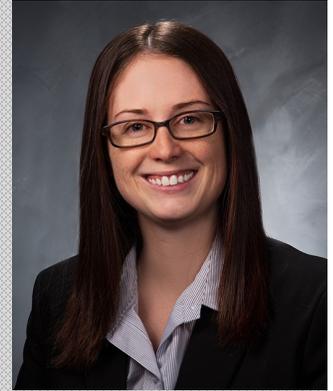


# CHRISTINA HENRIQUEZ, PT, DPT



Clarkston Clinic Director

Bachelor of Science Degree in Kinesiology, Michigan State University, 2011

Doctoral Degree in Physical Therapy, Oakland University, 2014

**Member of:**

- APTA
- MPTA

**Specialties & Certifications:**

- ImPact Concussion Management Certification
- LSVT-BIG Certification
- Kinesiology Taping
- Biodex Balance Training
- Blood Flow Restriction Training (BFR)
- Graston Technique

**Interests:**

- Concussion management
- Post-operative joint replacement rehabilitation
- Orthopedic injuries & conditions

**Clarkston Clinic:**

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A pitching injury in high school sent Christina Henriquez, PT, DPT to physical therapy. It was there that she fell in love with the field and decided to go into it as a career.

In 2011, Christina received her undergraduate degree from Michigan State University in kinesiology with an emphasis in exercise science. She went on to receive her doctorate in physical therapy in 2014 from Oakland University.

Christina's post-graduate focus has been on treating orthopedic injuries and conditions, concussion management and working with patients after joint replacement. Christina is one of our concussion specialists and is certified in the ImPact Program, which is a cognitive testing and assessment program for concussion. She is also certified in the LSVT-BIG Program for Parkinson's patients. Her other continuing education courses include kinesiology taping, Biodex balance training, Graston Technique and Blood Flow Restriction Therapy (BFR).

Christina is originally from Lake Orion but now resides in Grand Blanc with her husband and son. She and her husband are big Spartan fans. In fact, they met while playing in MSU's marching band. He also proposed to her there, and they wed on the MSU campus. When Christina is not busy treating patients, she enjoys spending time with her family playing board games and staying active and healthy. One of ways she does that is by running in local races.

Christina practices out of Advanced Physical Therapy Center's Clarkston clinic. Her work style is to be "hands on" with her patients. "I think that you need to feel the muscles to understand how the joints move in order to improve the patient's condition," says Christina. She also feels that one of her biggest strengths is listening to her patients and providing them with customized programs to achieve optimal results. "My goal is to improve my patient's functional levels and help them get back to doing what they love!" states Christina. "One of my favorite patients is a woman who suffered a stroke. She had minimal function when she came in to see me. By the time she was discontinued from her plan of care, she was able to walk with a walker and able to complete her daily tasks with ease. She told me that I changed her life and was doing things she only dreamed about. That is what makes it all worth while for me as a physical therapist."

