



# Worker's Compensation

The Right Way, Not the Same Way



Phoenix takes the time to train our clinicians on best practices for managing work-related injuries. We provide our clinicians with expert support to mitigate a myriad of challenges when caring for patients with work-related injuries.

### Quick Access and Authorization

We get patients scheduled quickly and manage authorization from the start of care to discharge to minimize unnecessary delays in care that can frustrate patients.

### Communication

Interdisciplinary communication is a key component in managing work related injuries successfully. Advanced takes this seriously and works to customize communication based on referral source preferences as well as communicating key information about the case including but not limited to cancels and no shows, progress notes prior to follow up visits, changes in status, discharge planning, and current work-related functional abilities.

### Complexity Assessment

A multi-system assessment is performed to determine if a patient has underlying factors that may increase their risk of a delayed outcome or risk of chronicity/disability. Clinicians use an integrative proactive patient centric approach to target modifiable risk factors that can include poor sleep hygiene, poor pain management, and psychosocial risk factors to reduce their negative impact.

### Job Related and Functional Progression

Patient specific job-related activities and functional skills are assessed and integrated into the care plan from day one at an appropriate level. The goal is to keep patients safe but doing everything they can to maintain functions they still have while progressing back to their maximum potential after an injury.

### Efficient Care

Care is goal oriented and progressive to assist with a speedy recovery to the highest level of function in the least number of days and visits.

### Comprehensive Injury Management Services

- ▲ Post-Offer Employment Testing
- ▲ Job Analysis
- ▲ Return To Work
- ▲ General Conditioning
- ▲ Ergonomics
- ▲ Injury Prevention Programs
- ▲ Injury Care
- ▲ Work Conditioning
- ▲ Work Hardening
- ▲ Functional Capacity Exams **(FCE)**

Please contact us if you would like more information on our services or would like to refer a case.

Grand Blanc: (810) 695-8700	Goodrich: (810) 636-8700
Flint: (810) 732-8400	Waterford: (248) 618-3050
Davison: (810) 412-5100	Clarkston: (248) 620-4260
Clio: (810) 687-8700	Hartland: (810) 632-8700
Fenton: (810) 354-7522	<a href="http://advancedphysicaltherapy.com">advancedphysicaltherapy.com</a>

**Recover. Recharge. Rise®.**

IMPORTANT

Bring this prescription and any HMO referral, Auto or Worker's Comp authorizations on your first day.

# PRESCRIPTION



Part of the **Phoenix** family!

- Grand Blanc** (810) 695-8700  
Fax (810) 695-7946
- Clio** (810) 687-8700  
Fax (810) 687-8724
- Flint** (810) 732-8400  
Fax (810) 732-4075
- Hartland** (810) 632-8700  
Fax (810) 632-5850
- Goodrich** (810) 636-8700  
Fax (810) 636-8702
- Davison** (810) 412-5100  
Fax (810) 412-5106
- Clarkston** (248) 620-4260  
Fax (248) 620-4239
- Waterford** (248) 618-3050  
Fax (248) 618-3284
- Fenton** (810) 354-7522  
Fax (810) 355-4873

Date \_\_\_\_\_ Patient Phone Number \_\_\_\_\_

Name \_\_\_\_\_

Diagnosis \_\_\_\_\_

Precautions \_\_\_\_\_

## Physical / Occupational / Hand Therapy

- EVALUATE AND TREAT PER CARE PLAN**
- HOME EXERCISE PROGRAM**
- SELF-CARE EDUCATION**
- THERAPEUTIC EXERCISE**
  - Passive ROM**
  - Active-Assisted ROM**
  - Progressive Resistive Exercise**
- MANUAL MOBILIZATION**
- NEUROMUSCULAR RE-EDUCATION**
- THERAPEUTIC ACTIVITIES**

- EXERCISE:**
  - AlterG Anti-Gravity Treadmill
  - Aquatic Therapy
  - Cervical/Lumbar Strengthening
  - Core Strengthening
  - Gait and Balance Training
    - WB Status: \_\_\_\_\_
  - MedX Testing/Rehab
  - Sports Rehab

- MANUAL TECHNIQUES:**
  - CranioSacral Therapy
  - Functional Dry Needling
  - Graston Technique
  - Joint Mobilization
  - Myofascial Decompression
  - Myofascial Release
  - Soft-Tissue Massage

- MODALITIES:**
  - Biofeedback
  - Traction
    - Cervical
    - Pelvic
  - Contrast Bath/Whirlpool
  - Electrical Stimulation
  - Game Ready
    - Pneumatic Compression
  - Hivamat Deep
    - Oscillation Therapy
  - Iontophoresis
  - Light/Laser Therapy
  - TENS
  - Ultrasound/Phonophoresis
  - WellWave Acoustic
    - Compression Therapy

- HAND THERAPY:**
  - ADL Activities: \_\_\_\_\_
  - Orthotic Fabrication: \_\_\_\_\_
  - Paraffin Bath/Fluidotherapy
  - Pinch/Grip Strengthening
  - Scar Massage/Desensitization
  - Tendon Repair Protocol: \_\_\_\_\_
- PROGRAMS**
  - Advanced Spine & Neck Rehab
  - Bone Health Program
  - Cussion Program
  - Functional Capacity Evaluation
    - Work Reconditioning/Hardening
    - Return-to-Work Assessment
    - Disability Screening
  - Lymphedema Treatment
  - Parkinson's LSVT Big Program
  - Pelvic Floor Therapy
    - Women's Health Program
  - Sportsmetrics
  - Vestibular Rehab
  - TMJ Disorder Rehab

Other: \_\_\_\_\_

3 x Weekly     2 x Weekly     Daily    Number of visits \_\_\_\_\_  
for \_\_\_\_\_ weeks \_\_\_\_\_ months

I  certify that I have examined the patient and physical and/or occupational therapy is necessary, and that services will be furnished while the patient is under my care, and that the plan is established and will be reviewed every ninety (90) days or more often if the patient's condition requires. I estimate that these services will be needed for 90 days.

Rx

Physician Signature

NPI#

Date