

Trigger Point Dry Needling

Recover.
Recharge.
Rise®.

**Achieve quicker and
better outcomes in treating:**

- Acute and chronic pain
- Lower back pain
- Tendonitis
- Carpal tunnel syndrome
- Disk pathology
- Neck/back pain
- Shoulder pain
- Hip and gluteal pain
- Headaches
- Knee pain
- Plantar fasciitis
- Sciatica
- TMJ

Trigger Point Dry Needling is a treatment that uses small filament (acupuncture) needles to release tight muscles with the goal of permanently reducing muscle pain and dysfunction.

Dry Needling treats the neuromuscular system, affecting muscle tightness, joint mobility, and symptoms of pain and irritation.

Utilizing Trigger Point Dry Needling with manual therapy allows the patient and the therapist an accelerated return to strengthening and exercise, resulting in a faster return to function.



- ✕ Decrease tightness
- ✕ Reduce pain
- ✕ Increase flexibility & movement
- ✕ Promote a fast recovery
- ✕ Immediate results

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