



Part of the **Phoenix** family!

# Concussion Therapy

**Recover.**  
**Recharge.**  
**Rise<sup>®</sup>**

Physical therapists can help evaluate and treat several problem areas following a concussion. Because no two concussions are the same, determining the specific symptoms and limitations following each concussion is an important part of the physical therapy examination. It is necessary for a concussion to be managed with a team approach of the physician, physical therapist, athletic trainer, parent or spouse (when applicable) and the patient to best manage the recovery of the patient.

Physical therapists will focus on the symptoms and limitations observed during the initial evaluation and continually as the patient is treated.

## **X** Did You Know?

Symptoms of a concussion may take up to a day after the incident to appear.

## **ImPACT Testing**

▲ ImPACT is a non-invasive, scientifically validated, web-based software test that provides the best available information for managing concussions and preventing long-term damage, benefitting persons of all ages. Available at select Advanced PT clinics.

Treatment sessions will focus on, but are not limited to:

- Vestibular rehabilitation for reducing dizziness
- Ocular reflexes and tracking
- Cranial nerve assessment
- Change of position
- Hand-eye coordination
- Body mechanics and posture
- Neck stabilization
- Incremental Progression of exertion with heart rate monitoring
- Sports specific training

Please contact us for more information or to refer a patient.

**Grand Blanc** (810) 695-8700    **Flint** (810) 732-8400    **Davison** (810) 412-5100    **Clio** (810) 687-8700

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