



Occupational Therapy Certified Hand Therapist

Our Certified Hand Therapists can evaluate and treat any problem relative to the upper extremities. The Certified Hand Therapist can effectively treat and rehabilitate the patient through postoperative rehabilitation, preventative, non-operative, or conservative treatment, or industry consultation. The Therapist works closely with physician and patient to provide a continuum of care. This often starts within days of the injury or surgery right through to the patient's return to work and/or a productive lifestyle.

Postoperative Rehabilitation

- Management of open or sutured wounds (prevention of infection and assistance in healing)
- Control of hypertrophic (raised and/or swollen) or hypersensitive scars
- Reduction of swelling
- Preventative, Non-operative, or Conservative treatments

Management of acute or chronic pain

- Desensitization following nerve injury or trauma
- Sensory re-education after nerve injury
- Design and implementation of exercise programs to increase motion, dexterity and/or strength
- Splint fabrication for prevention or corrections of injury
- Training in the performance of daily life skills through adapted methods and equipment
- Conditioning prior to returning to work
- Industry consultation

Why use Hand Therapy?

- Accurate assessments, immediate care, and effective treatment.
- The continuum of care provides patients with peace of mind.
- Faster recovery contributes to decreased medical costs.
- Obtaining functional outcomes ensure a faster return to work and productive lifestyle.

Grand Blanc: (810) 695-8700

Flint: (810) 732-8400

Davison: (810) 412-5100

Clio: (810) 687-8700

Goodrich: (810) 636-8700

Waterford: (248) 618-3050

Clarkston: (248) 620-4260

Hartland: (810) 632-8700

Fenton: (810) 354-7522

Common Conditions Treated

- ▲ Post-Operative Rehabilitation
- ▲ De Quervain's Tenosynovitis
- ▲ Lacerations/Amputations
- ▲ Distal Radius
- ▲ Dupuytren's Disease
- ▲ Flexor Tendon Injuries
- ▲ Burns
- ▲ Phalangeal Fractures
- ▲ Trigger Finger
- ▲ Arthritis
- ▲ Carpal Tunnel Syndrome
- ▲ Cubital Tunnel Syndrome

