

ALTER

Anti-Gravity Treadmill®

The next step in physical therapy rehabilitation

Unlike any other piece of training equipment available, the AlterG Anti-Gravity Treadmill® can take your patients further, faster than you ever thought possible after surgery, injury or other mobility impairment.

Success Beyond the Treadmill

- Physical therapy following an injury or surgery on a lower extremity (hip, knee, ankle or foot)
- Rehab after total joint replacement
- Gait training and strengthening for neurological patients
- Strengthening and conditioning in a fall-safe environment for older patients
- Weight-loss programs



ADVANCED
Physical Therapy Center

Part of the **Phoenix** family!

Health & Wellness

The AlterG Difference:

With its unique unweighting capabilities, the Anti-Gravity Treadmill® allows you to move your rehabilitation and training forward by:

- Reduce gravity's impact by selecting any weight between 20% and 100% of your body weight by 1% increments
- Rehabilitate lower extremity injuries with less pain and less impact
- Improve mobility, strength and safety for those with neurological conditions
- Provide a safe way to lose weight and exercise more intensively while unweighted
- Train without pain and reduce the stress to joints and muscles
- Recover effectively and with less pain after training or competition
- Allowing you to walk or run with no pain while maintaining a normal gait



Do More for Seniors

Mobility Meets Stability

The Anti-Gravity Treadmill® gets mobility impaired patients back on their feet and on the road to achieving a better quality of life. Using advanced unweighting technology to provide unsurpassed support, safety and stability, this senior rehabilitation treadmill is ideal for geriatric patients recovering from neurologic and orthopedic-related injuries. The Anti-Gravity Treadmill also provides patients a way to safely improve their functional mobility and overall health. The Anti-Gravity Treadmill® helps seniors attain greater mobility by:

- Providing support and reducing fall risk, which increases confidence to start walking and take more steps in comfort
- Enabling you to walk or even jog further, faster and with more stability than you may have previously thought possible
- Improving health and wellness and helping you achieve more independence in your day-to-day life

For Quality of Life

The Anti-Gravity Treadmill helps your patients achieve greater independence, which results in more quality time with their family and time to enjoy the things they love. It enables rehabilitation therapists to give seniors the care needed to live life to the fullest.



IMPORTANT

Bring this prescription and any HMO referral, Auto or Worker's Comp authorizations on your first day.

Part of the **Phoenix** family! **PRESCRIPTION**
Grand Blanc (810) 695-8700
 Fax (810) 695-7946
Clio (810) 687-8700
 Fax (810) 687-8724
Flint (810) 732-8400
 Fax (810) 732-4075
Hartland (810) 632-8700
 Fax (810) 632-5850
Goodrich (810) 636-8700
 Fax (810) 636-8702
Davison (810) 412-5100
 Fax (810) 412-5106
Clarkston (248) 620-4260
 Fax (248) 620-4239
Waterford (248) 618-3050
 Fax (248) 618-3284
Fenton (810) 354-7522
 Fax (810) 355-4873

Date _____ Patient Phone Number _____

Name _____

Diagnosis _____

Precautions _____

Physical / Occupational / Hand Therapy

-
- EVALUATE AND TREAT PER CARE PLAN**
-
-
- HOME EXERCISE PROGRAM**
-
-
- SELF-CARE EDUCATION**

-
- THERAPEUTIC EXERCISE**
-
-
- Passive ROM**
-
-
- Active-Assisted ROM**
-
-
- Progressive Resistive Exercise**

-
- MANUAL MOBILIZATION**
-
-
- NEUROMUSCULAR RE-EDUCATION**
-
-
- THERAPEUTIC ACTIVITIES**

 EXERCISE:

-
- AlterG Anti-Gravity Treadmill
-
-
- Aquatic Therapy
-
-
- Cervical/Lumbar Strengthening
-
-
- Core Strengthening
-
-
- Gait and Balance Training
-
-
- WB Status: _____
-
-
- MedX Testing/Rehab
-
-
- Sports Rehab

 MANUAL TECHNIQUES:

-
- CranioSacral Therapy
-
-
- Functional Dry Needling
-
-
- Graston Technique
-
-
- Joint Mobilization
-
-
- Myofascial Decompression
-
-
- Myofascial Release
-
-
- Soft-Tissue Massage

 MODALITIES:

-
- Biofeedback
-
-
- Traction
-
-
- Cervical
-
-
- Pelvic
-
-
- Contrast Bath/Whirlpool
-
-
- Electrical Stimulation
-
-
- Game Ready
-
-
- Pneumatic Compression
-
-
- Hivamat Deep
-
-
- Oscillation Therapy
-
-
- Iontophoresis
-
-
- Light/Laser Therapy
-
-
- TENS
-
-
- Ultrasound/Phonophoresis
-
-
- WellWave Acoustic
-
-
- Compression Therapy

 HAND THERAPY:

-
- ADL Activities: _____
-
-
- Orthotic Fabrication: _____
-
-
- Paraffin Bath/Fluidotherapy
-
-
- Pinch/Grip Strengthening
-
-
- Scar Massage/Desensitization
-
-
- Tendon Repair Protocol: _____

 PROGRAMS

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- Advanced Spine & Neck Rehab
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-
- Bone Health Program
-
-
- Confussion Program
-
-
- Functional Capacity Evaluation
-
-
- Work Reconditioning/Hardening
-
-
- Return-to-Work Assessment
-
-
- Disability Screening
-
-
- Lymphedema Treatment
-
-
- Parkinson's LSVT Big Program
-
-
- Pelvic Floor Therapy
-
-
- Women's Health Program
-
-
- Sportsmetrics
-
-
- Vestibular Rehab
-
-
- TMJ Disorder Rehab

 Other: _____
 3 x Weekly 2 x Weekly Daily **Number of visits** _____
for _____ **weeks** _____ **months**

 I certify that I have examined the patient and physical and/or occupational therapy is necessary, and that services will be furnished while the patient is under my care, and that the plan is established and will be reviewed every ninety (90) days or more often if the patient's condition requires. I estimate that these services will be needed for 90 days.
R_x

Physician Signature

NPI#

Date